



Derby Spring Sportive

MARKEATON PARK, DERBY

Sunday 14th April 2024

Pre-event details

Welcome to the Derby Spring Sportive

The Spring Classic Sportive offers four distances covering South Derbyshire and Staffordshire with the 120k & 160K route heading over some beautiful quiet lanes around Leicestershire. Event HQ is the Craft Village at Markeaton Park.

This is a British Cycling sanctioned event and is promoted by PMA Racing. Please take the time to carefully read the pre-event information to ensure you have a smooth and enjoyable day.

Event numbers will not be posted out this year, instead you will collect your race pack from the PMA registration prior to the designated start times (depending on the distance).

The registration will be located in the Craft village of Markeaton Park in the PMA marquee or the Visitor centre.

The race registration will be available:-

Saturday 13th April 2024
2pm to 4pm (all distances)

Sunday 14th April 2024
(6.30am to 7.40am) 160K distance
(7.30am to 8.10am) 120K distance
(8.00am to 9.10am) 80K distance
(9.00am to 9.20am) 40k distance

Riders will depart in groups of approximately 30 riders at 10-minute intervals to ensure there is an even spread of riders around the course and to avoid large groups forming. Please ensure you queue behind the start line within the designated time zone. Please start at the earlier start time of the designated wave if you want to give yourself the best chance of meeting the cut off time.

Directions to Markeaton Park

SAT NAV DE22 4NH will take you to Markeaton Lane, the Mundy Play Centre and Craft Village car park is on the left hand side if you are approaching from Kedleston Road end. Do not attempt to drive up the start/finishing chute.

Car Parking

Mundy Play Centre is the official car park with no height restrictions and Craft Village car parks are official car parks for the event and can be accessed from Markeaton Lane.

Car Parking Charges (cashless ONLY)

Car parking charges (up to 4 hours = £4.20) (over 4 hours = £5.20) Approximately 700 spaces

To pay for the car parking, it is cashless payments only, please see the image below with the details of the car park.



As you enter the car park look out for the signs on the right hand side pointing you towards 'Craft village overflow' as this is the nearest car park to Event HQ (it's literally a 2 minute walk).

Markeaton Park is an open public space managed by Derby City Council, therefore, we have no control over parking charges. The main car park is available to park in but this also has a height restriction barrier of 2.2m and also has a charges for the day (as above). Do not park in this car park if you exceed the height restriction.

PLEASE NOTE THAT PARK RANGERS WILL CLOSE AND LOCK THE CAR PARKS AT 6:00PM

Event HQ

Event HQ

Race HQ will be based in the Craft Village with bike racking and tables and chairs available. There will also be a hot drinks van in attendance & so why not meet your mates 30 minutes ahead of your designated start time, register and enjoy a coffee.

The race pack will include 2 cable ties & race number, please ensure it is secured on your front handlebars and don't bend your number as there is a risk that your time will not record.

Following the event please ensure you return to the race village and collect your medal and hot foot (you will need your race number to exchange for the hot food) with cutters being available near the racking.

Baggage

There will be limited bag storage located at the Craft village although the contents are left at the owners risk.

Toilets

Toilets will be available in the craft village and these will be open for the duration of the event.

Event Start

Please ensure you arrive behind the start line (entry via the Craft Village) within the designated start time zone and you will be set off in waves of roughly 30 riders. If you are worried about cut off times then we suggest starting as early as possible.

from 7.30am to 7.50am	160K Start time
from 8.00am to 8.20am	120K Start time
from 8.30am to 9.20am	80k Start time
9.30am	40k Start time

Cut off Time

Cut off time is 9 hours for 160k route. If you think you will be close to the cut off time please identify yourself to the starter and we will ensure you are set off in an early wave (7.30am). We will be closing the finish at 5pm.

As part of the cut off times we will be closing the feedstations at the following times:-

- 12:00pm - Barlestin Primary School (160K only)
- 1:45pm - Rosliston Forestry Centre
- 2:30pm - Tutbury Village Hall

Bike Mechanics

We will have a number of bike mechanics at the feedstations to help with any emergency bike repairs and should you need to buy any parts then you will need to pay cash (parts only) directly to the mechanic. Cover will be provided at the following times:-

- 8.30am to 1.45pm - Rosliston Forestry Centre
- Barleston Primary School (Nuneaton) – No mechanic but a selection of tools including track pump
- 9am – 2:30pm - Tutbury Village Hall



The route

Cycle Derby Spring Sportive Sign (YELLOW SIGNS)

The routes will be signposted throughout – before, at and just after each junction

Signs are unique to this event so look out for the yellow signs (as the picture above) with Cycle Derby Sportive logo on them. Other events may be running at the same time so only follow signs with our logo on them.

Whilst the main roads are mostly in good condition there has been an increase of potholes during the winter so please be careful whilst riding through some of the villages where road conditions vary. This is not a closed road event so beware on narrow lanes which will still be open to traffic.

Where routes split between 40km (Eggington) and the 80km/120K/160km (Rosliston) you will see large yellow 40km/80K/120K/160K signs plus an arrow pointing in the direction you need go in.

Please note that the courses have changed slightly from the 2023 event so please ensure that you download the gpx file if you are using the mapping functionality on your cycle computer.

All routes can be downloaded through Strava or GPX files from the PMA website Derby Spring Sportive - PMA Racing (pma-racing.co.uk)

40km route – Start time 9.30am from Markeaton Park head out onto Radbourne Lane, left onto Heage Lane to Etwall and onto Egginton Road and turn right onto Hilton Rd (note this is the split from the 80k & 160K route. Continue through Hilton and onto Sutton Lane to Sutton on the Hill, then onto Longford village and onto Long Lane. Turn left onto Burrow Lane and cross the A52 (Wild Park Paintballing) towards Kedleston Hall and onto Kedleston Lane. At T junction at Quarndon turn right onto Kedleston Lane before turning right onto Markeaton Lane. Turn left at the main entrance to the finish line.

80km route – Start time 8.30am start as 40km ride then the route will split at Egginton with riders heading through the villages of Willington-Repton-Bretby-Stapenhill-Rosliston Forestry Centre-Walton on Trent-Barton Under Needwood-Tatenhill-Anslow-Tutbury-Hatton-Sutton on the Hill. Pick up the 40K route and head back to the park.

120Km route – Start time 8.00am – start as 80Km ride then the route will split after Rosliston Forestry (feed station). Riders will head through the villages of Colton in the Elms-Netherseal-No Man's Heath-Austrey-Appleby Magna-Donisthorpe-Overseal-Linton and then you will pick up signs and repeat part of the earlier route to Rosliston Forestry Centre. Pick up the 80km route and head back to the park.

160km route – Start Time 7.30am – start as 120km ride then the route will split after Austrey. Riders will head through the villages Orton on the Hill-Sibson-Shenton-Sutton Cheney-Kirkby Mallory-Peckleton-Desford-Barleston (feedstation) – Odstone-Newton Burgoland-Measham-Donisthorpe-Overseal-Linton and then you will pick up signs and repeat part of the earlier route to Rosliston Forestry Centre. Pick up the 80km route and head back to the park.

Whilst we will use our best endeavours to signpost the route, on the majority of the course there will not be any marshalls, so it is the cyclists responsibility to navigate the course, we recommend that you download a copy of the GPX file or/and print a copy of the directions.

Feed Stations

40K Sportive – No feedstation on the course

80K Sportive (2 feedstations) – (1) Rosliston Forestry Centre @34K and (2) Tutbury Village Hall @54K

120K Sportive (3 feedstations) – (1) Rosliston Forestry Centre @34K, (2) Rosliston Forestry Centre @75K and (3) Tutbury Village Hall @94K

160K Sportive (4 feedstations) – (1) Rosliston Forestry Centre @34K, (2) Barleston Primary School @85K, (3) Rosliston Forestry Centre @115K and (4) Tutbury Village Hall @134K

The feed station will carry sweet and savoury food, water and energy drink. The friendly marshalls will greet you, please just ensure that your sportive number is visible on your handlebars.

The Tutbury feedstation will be providing more savoury food and hot drinks.



Energy Drink Provider

<https://activeroot.co.uk/>

Active Root will be providing energy drinks for our event. Active Root are committed to delivering delicious, natural, eco-friendly, ginger based sports nutrition. All the products are made in the UK to the highest standard & suitable for vegetarian, vegan, gluten & dairy free diets. There will be both water and Active Root provided at each feedstation which will be clearly identifiable.

Photography

Mick Hall Photography is the official photographer for the Derby Spring Sportive with free downloadable pictures available shortly after the event.

[Events 2024 \(Mick Hall Photos\) \(photohawk.com\)](https://photohawk.com)

Finish Line & Event HQ

The finish and start are located in the same place. Timing mats will be switched off at 4.30pm.

On finishing the ride you will receive your Sportive Medal before rolling to the event village in which you will receive hot food on production of your event number.

If for any reason you decide not to return to the finish at Markeaton Park, can you please make us aware by calling the emergency number located on your race number.

Team Challenge

The criteria of the team challenge is getting a minimum of 10 entries over the 160k, 120k or 80K events. The challenge consists of the team of ten which covers the most distance during the day will win the team challenge prize.



Results / Timing

Timing will be provided by Titanium Racing and times will be available (alphabetical order) on the PMA Website (www.pma-racing.co.uk) later on that evening and via Titanium Racing website.

(<https://www.titaniumracetiming.co.uk/TRT/pages/results>)

What to do in case of an emergency

If an emergency occurs dial 999 immediately, inform them of your location and the nature of the incident. Then phone the emergency number (07512) 476837 on your race number/timing chip to let the organisers know.

Wishing you a safe and enjoyable race

2024 Race Calendar

If you want to try a new challenge why not try a Triathlon...

What is Triathlon?

Triathlon is a multi-discipline event where people compete against the clock and each other. Swimming, cycling and running with no break except for the transition (this is a quick pit stop to change for the next discipline). All disciplines will take place within the grounds of the hall with a mixture of grass and tarmac surface

Ashbourne Triathlon – 12th May 2024

Based at Ashbourne Leisure Centre this is an incredibly scenic Triathlon taking place in the beauty of the Peak District for the cycle leg and the picturesque Tissington trail for the run making the event extremely spectator friendly.

Distances

- Swim (pool) 400m (16 lengths) / • Cycle 17km / • Run 5km

Blithfield Sprint & Olympic Triathlon including Aquabike (Swim & Bike) – 18th August 2024

Blithfield Reservoir is situated in some of Staffordshire's most beautiful countryside. The race is based at the Sailing Club and provides an opportunity to either compete at the Sprint distance or the Olympic distance. Free camping is provided ensuring a great family weekend with a fast rolling bike, which promises to be a PB course.

Distances

Sprint

- Swim 750M Open water / • Cycle 22km / • Run 5km

Olympic

- Swim 1500M Open water / • Cycle 40km / • Run 10km

Derby Triathlon – 15th September 2024

33rd Derby Triathlon is aimed at all levels of fitness and ability, whether it's your first triathlon or you are the next Olympic hopeful. Last year we had an increase in first time competitors, with 55% of the field being new to the great fun sport of triathlon.

You can enter as an individual and complete all three disciplines on your own, the relay event with friends or colleagues and enjoy the race as a team or the corporate event where each team member completes the full triathlon.

Distances

- Swim (pool) 400m (16 lengths) / • Cycle 18km / • Run 5k

You can find out further information on all of our events at <https://pma-racing.co.uk>



Rules of Participation

- This is a challenge NOT a race, dangerous riding will not be tolerated.
- Helmets are compulsory
- Riders are reminded that it is an offence to urinate in a public area. Toilets are available at each of the feed stations.
- All entrants bike must be in a good working condition for the event
- Ride with care and attention to all other road users. Take special care around horses.
- Do not litter. It jeopardises the future of the event and ruins the beautiful countryside you have been cycling through
- Do not ride more than two abreast and take care when overtaking other riders.
- Take care on the descents, some are steep and contain sharp bends
- Clearly signal your intention to turn left or right to other road users. If you need to stop, and you are in a group then raise your arm and shout 'stopping'
- The judgement of event officials is final.
- We the organisers have a responsibility and duty of care towards our participants. The following regulations are to be followed for the duration of the event;
- You must be 14 or over to participate in the 40K route, between 14 and 16 to participate in the medium route (80K) and 17 or 18 to participate in the 120K & 160K route. Under 18's must have the consent of a parent or guardian and be accompanied by a nominated adult at all times whilst on the ride. All riders under 18 must have completed a disclaimer email (which has been sent separately). If you haven't received this please email us at events@pma-racing.co.uk
- You must obey all Highway Code Rules. You are requested to ride in single file where appropriate and no more than 2 abreast at any time. Please be aware of your fellow cyclists and other traffic.
- Please do not pass through any traffic lights on red. Derbyshire & Staffordshire Police may be patrolling the route and any cyclists found breaking the law may be subject to individual prosecution. Failure to comply with the rule will result in disqualification.
- It is mandatory THAT ALL riders wear a safety approved cycling helmet complying with latest ANSI Z90/4 OR SNELL standards. Any rider not wearing a helmet will not be covered by the event insurance and will be disqualified from the event and could be liable for damages if involved in an accident on that basis.
- Participants will be responsible for the road worthiness & safe working order of their own cycle.
- Tri bars / aero bars are allowed, under a sensible use policy; they may not be used in group riding, heavy traffic or whilst approaching road junctions. We recommend they are only used whilst in solo situations. Failure to comply to this regulation will result in disqualification.
- The route will be marked with directional arrows. Direction will be indicated by signs placed clearly at or before junctions. It is the responsibility of each participant to take the correct route and it is recommended that cyclists take a printed version of the route and/or download the route to your cycle computer. The course will not be marshalled.
- You may not deviate from the official route. Failure to comply with the rule will result in disqualification. If you have entered onto a shorter route you will be allowed to continue on the longer ride providing you are within the set time limits.
- You may not use your mobile phone while riding. You must stop at the side of the road if you need to make or receive a call.
- The organisers reserve the right to terminate an individual's ride on health and safety grounds.
- The ride will take place regardless of bad weather and will only be cancelled, re-routed or stopped for reasons of safety. Entry fees, however, are not refundable.

- We advise that all participants carry a form of identification showing their name, address and/or contact details of a person to be advised in the eventuality of an accident.
- All riders are recommended to carry suitable wet weather gear, 2 drink bottles, an energy bar or similar snack, multi-tool, spare inner tubes and a working pump, a mobile phone, a small amount of money, as well as extra clothing to complete the ride being undertaken, taking into account the route and possible adverse weather conditions.
- The organisers will endeavour to provide fluid and some form of food at designated “feedzones” however we cannot guarantee supplies will be available at all times and urge riders to only take what they need and be mindful of the needs of those following behind.
- No participant may take food or drink from anyone whilst on the move. If you need food or drink you must stop to receive it.
Mobile support vehicles in the form of cars or motorbikes are strictly forbidden and will lead to disqualification. You may however receive outside support from a stationary vehicle any such vehicle must not interfere with the progress of other riders.
- All riders are covered by third party insurance for the duration of the event. The cost of this is included in your entry fee. The organisation is covered for third party liability.
- Rider’s number, issued via post, must be displayed for identification at all times

Rider Standards

We will be providing Gold/Silver/Bronze standard standards for both the 160K & 80K sportives and Platinum for the 160K only. See below:-

Status	160k	120K	80k
Platinum	Sub 5:00	NA	NA
Gold	5:00-5:30	Sub 4:15	Sub 2:30
Silver	5:31-6:30	4.16 – 5.08	2:31-3:15
Bronze	6:31+	5.09+	3:16+