



Cycle Derby Spring Sportive

MARKEATON PARK, DERBY

Sunday 23rd May 2021

Pre-race details

Welcome to the Cycle Derby Spring Sportive. The Spring Classic Sportive offers three distances covering South Derbyshire and Staffordshire with the 160km route heading up and over Cannock Chase. Event HQ is the Craft Village at Markeaton Park

This is a British Cycling sanctioned event and is promoted by PMA Racing. Please take the time to carefully read the pre-race information to ensure you have a smooth and enjoyable day. This event will be organised with Covid-19 measures so please take note of these changes.

Covid Questions

If you have answered Yes to any of the below Covid questions please do not take part in the event for the safety of yourself and all of our competitors and volunteers.

1. Have you tested positive for COVID-19 in the last 7 days?
2. Are you waiting for a COVID-19 test or a test result?
3. Have you been notified by NHS Test and Trace in the last 14 days that you are a contact of a person (with whom you do not live) who has tested positive with COVID-19?
4. Have you a high temperature (above 37.8 C) or a fever?
5. Do you have a new continuous cough (coughing for longer than an hour or have 3 or more coughing episodes in 24 hours)?
6. Do you have a change or loss of smell or taste from normal?
7. Do you live with someone who has either tested positive for COVID-19 or had symptoms of COVID-19 in the last 14 days

Directions to Markeaton Park

SAT NAV DE22 4NH will take you to Markeaton Lane, the Mundy Play Centre and Craft Village car park is on the left hand side if you are approaching from Kedleston Road end.

Car Parking

Mundy Play Centre and Craft Village car parks are official car parks for the event and can be accessed from Markeaton Lane.

Height restrictions at the car park

No height restrictions at the car park

Car Parking Charges (cashless ONLY)

Car parking charges (up to 4 hours = £3.90) (over 4 hours = £5.00) Approximately 700 spaces

To pay for the car parking, it is cashless payments only, please see the image below with the details of the car park.



As you enter the car park look out for the signs on the right hand side pointing you towards 'Craft village overflow' as this is the nearest car park to Event HQ.

Markeaton Park is an open public space managed by Derby City Council, therefore, we have no control over parking charges. The main car park is available to park in but this also has a height restriction barrier of 2.2m and also has a charges for the day (as above).

PLEASE NOTE THAT PARK RANGERS WILL CLOSE AND LOCK THE CAR PARKS AT 6:30PM



Event HQ

Event HQ

Due to COVID restrictions there will be limited staff in Event HQ, and we kindly request that once competitors receive their goody bag that they depart as soon as practicably possible to ensure that people do not congregate at any point.

Entries up to 7th May will be posted in the first batch, which should have arrived by Monday 17th May.

Entries between 8th May to 18th May should arrive by Friday 21st May.

Any other late entries will need to be collected from Race HQ in the Craft Village.
The rack pack will include 2 cable ties, please ensure it is secured on your front handlebars.

Baggage

No baggage storage – due to COVID restrictions

Toilets

Temporary Toilets will be available in the craft village.

Race Start

Face coverings must be worn in the holding area before the start line and ensure you are 2metres apart from another competitor *unless they are in your bubble. Cyclists will be set off in groups of 15, every 5 minutes
You will have received a designated start Zone time of 15 minutes. Government guidance for cycling groups is no more than 6 people in a group. Please ensure that you arrive within that timeframe and no earlier or later than that time to avoid any Covid hot spots.

160k Start time (from 8am)

80k Start time (from 8.50am)

40k Start time (from 10am)

Cut off Time

Cut off time is 8 hours 30 minutes for 160k route. If you think you will be close to the cut off time, please identify yourself to the starter and we will ensure you are set off in an early wave. We will be closing the finish at 5pm.



Bike Mechanics

Park Bikeworks will be providing emergency bike mechanics service between 7.30am – 10:00am.

Derby Sportive is supported by our friends at Webuycycle, they'll be on hand at the start and feed stations along the route to support you with any issues or concerns with your bike.

Webuycycle are based in Derby and they specialize in purchasing and selling premium used bicycles, so if you're looking to sell or upgrade your bicycle please give them a try:-

<https://webuycycle.co.uk/>



The route

Cycle Derby Spring Sportive Sign (YELLOW SIGNS)

The routes will be signposted throughout – before, at and just after each junction

Signs are unique to this event so look out for the yellow signs (as the picture above) with Cycle Derby Sportive logo on them. Other events may be running at the same time so only follow signs with our logo on them.

Whilst the main roads are mostly in good condition please be careful whilst riding through some of the villages where road conditions vary. This is not a closed road event so beware on narrow lanes which will still be open to traffic.

For information: 80k & 160k ONLY: There will be another Sportive Event taking place sportive event taking place that same day that appears to potentially go over some of the same roads around the Coton in the Elms and Rosliston area. The course will be identified by orange signs rather than the cycle derby YELLOW signs. Please ensure you follow the Cycle Derby YELLOW signs and not the ORANGE St Giles Hospice Sportive signs otherwise you may inadvertently end up on the wrong course.

Where routes split between 40km and the 80km/160km (at Longford) you will see large yellow 40km signs plus an arrow pointing in the shorter direction you need go in.

40km route – Start time 10am from Markeaton Park head out onto Kedleston Road, past Kedleston Hall and turn left onto Mercaston Lane. Head over A52 at Kirk Langley, turn right onto Long Lane through Longford, Church Broughton and Sutton on the Hill. Head back along Radbourne Lane to the park, crossing over the A52 again to Markeaton Lane.

40K <https://www.strava.com/routes/2826744623051591808>

80km route – Start time 8.50am start as 40km ride then the route will split at Longford, with riders heading straight towards Sutton on the Hill. Riders will then pass through Tutbury (feed station at Tutbury Village Hall) Needwood and Rangemore. Riders will turn left on the B5016 before Barton under Needwood, riding through Walton on Trent and then can stop at Rosliston (feed station at Rosliston Village Hall) to get some refreshments. Continuing home past Caldwell and Stapenhill through Newton Solney, Repton, Willington, Etwall before picking up Heage Lane and Radbourne Lane to head back to Markeaton Park.

80K <https://www.strava.com/routes/2809768748617794366>

160km route – Start Time 8am – start as 80km ride then the route will split at Tutbury (feed station). Riders will head for Moreton, past Marchington before turning left on B5013 toward Blithfield Reservoir. Cross over the Reservoir towards Hamley Heath then cross over the A51, taking care at the roundabout, and proceed towards Cannock Chase. For the next few miles zig zag in and out of the Chase passing through Huntington, Prospect Village, arriving at Gentleshaw (feedstation at Gentleshaw Primary School) to stop and get some refreshments. Continue on towards Longden, Whittington and Harlaston before arriving at Rosliston (feed station) Pick up the 80km route and head back to the park.

160K – <https://www.strava.com/routes/23381631>

Whilst we will use our best endeavours to signpost the route, there will be no marshalls on the majority of the course, so it is the cyclists responsibility to navigate the course, we recommend that you download a copy of the GPX file or/and print a copy of the directions.



Feed Stations

Feedstation 1: Tutbury (both 80k & 160k) @29k Point

Feedstation 2: 160k Gentleshaw, Staffordshire @93k Point

Feedstation 3: Rosliston Village Hall (80K @50k point) (160K @130k Point)

There won't be any feed stations on the 40K course.

The feed station will carry sweet and savoury food, water and energy drink. The friendly marshalls will greet you, please just ensure that your sportive number is visible on your handlebars.

Please ensure you sanitise your hands before accepting the food, which will be provided to you. It will not be self-service, due to COVID restrictions.

The organisers will endeavour to provide fluid and some form of food at designated "feedzones" however we cannot guarantee supplies will be available at all times and urge riders to only take what they need and be mindful of the needs of those following behind.



Energy Drink Provider

<https://activeroot.co.uk/>

Active Root will be providing energy drinks for our event. Active Root are committed to delivering delicious, natural, eco-friendly, ginger based sports nutrition. All the products are made in the UK to the highest standard & suitable for vegetarian, vegan, gluten & dairy free diets.



Photography

Dave Buttery is a professional photographer on the course and you can purchase pictures of yourself a couple of days following the event.

<https://davebutteryphotography.zenfolio.com/p287754927>

Finish Line (HUUB Gantry) & Event HQ



The finish and start are located in the same place. Timing mats will be switched off at 5pm.

You may keep the timing chip & rider number.

On finishing the ride you will receive your Sportive Medal and goody bag.

If for any reason you decide not to return to the finish at Markeaton Park, can you please make us aware by calling the emergency number on your race number.



Results / Timing

Timing will be provided by Titanium Racing and times will be available (alphabetical order) on the PMA Website (www.pma-racing.co.uk) later on that evening and via Titanium Racing website.

(<https://www.titaniumracetiming.co.uk/TRT/pages/results>)

What to do in case of an emergency

If an emergency occurs dial 999 immediately, inform them of your location and the nature of the incident. Then phone the emergency number on your race number/timing chip to let the organisers know.

Rules of Participation

- This is a challenge NOT a race, dangerous riding will not be tolerated.
- Helmets are compulsory
- Riders are reminded that it is an offence to urinate in a public area. Toilets are available at each of the feed stations.
- All entrants bike must be in a good working condition for the event
- Ride with care and attention to all other road users. Take special care around horses.
- Do not litter. It jeopardises the future of the event and ruins the beautiful countryside you have been cycling through
- Do not ride more than two abreast and take care when overtaking other riders.
- Take care on the descents, some are steep and contain sharp bends
- Clearly signal your intention to turn left or right to other road users. If you need to stop, and you are in a group then raise your arm and shout 'stopping'
- The judgement of event officials is final.
- We the organisers have a responsibility and duty of care towards our participants. The following regulations are to be followed for the duration of the event;
- You must be 14 or over to participate in the 40K route, between 14 and 16 to participate in the medium route (80K) and 17 or 18 to participate in the 160K route. Under 18's must have the consent of a parent or guardian and be accompanied by a nominated adult at all times whilst on the ride. All riders under 18 must have completed a disclaimer email (which has been sent separately). If you haven't received this please email us at events@pma-racing.co.uk
- You must obey all Highway Code Rules. You are requested to ride in single file where appropriate and no more than 2 abreast at any time. Please be aware of your fellow cyclists and other traffic.
- Please do not pass through any traffic lights on red. Derbyshire & Staffordshire Police may be patrolling the route and any cyclists found breaking the law may be subject to individual prosecution. Failure to comply with the rule will result in disqualification.
- It is mandatory THAT ALL riders wear a safety approved cycling helmet complying with latest ANSI Z90/4 OR SNELL standards. Any rider not wearing a helmet will not be covered by the event insurance and will be disqualified from the event and could be liable for damages if involved in an accident on that basis.
- Participants will be responsible for the road worthiness & safe working order of their own cycle.
- Tri bars / aero bars are allowed, under a sensible use policy; they may not be used in group riding, heavy traffic or whilst approaching road junctions. We recommend they are only used whilst in solo situations. Failure to comply to this regulation will result in disqualification.
- The route will be marked with directional arrows. Direction will be indicated by signs placed clearly at or before junctions. It is the responsibility of each participant to take the correct route and it is recommended that cyclists take a printed version of the route and/or download the route to your cycle computer. The course will not be marshalled.
- You may not deviate from the official route. Failure to comply with the rule will result in disqualification. If you have entered onto a shorter route you will be allowed to continue on the longer ride providing you are within the set time limits.
- You may not use your mobile phone while riding. You must stop at the side of the road if you need to make or receive a call.
- The organisers reserve the right to terminate an individual's ride on health and safety grounds.
- The ride will take place regardless of bad weather and will only be cancelled, re-routed or stopped for reasons of safety. Entry fees, however, are not refundable.
- We advise that all participants carry a form of identification showing their name, address and/or contact details of a person to be advised in the eventuality of an accident.

- All riders are recommended to carry suitable wet weather gear, 2 drink bottles, an energy bar or similar snack, multi-tool, spare inner tubes and a working pump, a mobile phone, a small amount of money, as well as extra clothing to complete the ride being undertaken, taking into account the route and possible adverse weather conditions.
- The organisers will endeavour to provide fluid and some form of food at designated “feedzones” however we cannot guarantee supplies will be available at all times and urge riders to only take what they need and be mindful of the needs of those following behind.
- No participant may take food or drink from anyone whilst on the move. If you need food or drink you must stop to receive it.
Mobile support vehicles in the form of cars or motorbikes are strictly forbidden and will lead to disqualification. You may however receive outside support from a stationary vehicle any such vehicle must not interfere with the progress of other riders.
- All riders are covered by third party insurance for the duration of the event. The cost of this is included in your entry fee. The organisation is covered for third party liability.
- Rider’s number, issued via post, must be displayed for identification at all times

Behaviour

https://www.britishcycling.org.uk/zuvvi/media/media/press/BC_Covid-19_Behaviour_Code_May21.pdf

Rider Standards

We will be providing Gold/Silver/Bronze standard standards for both the 160K & 80K sportives and Platinum for the 160K only. See below:-

Status	160k	80k
Platinum	Sub 4:45	NA
Gold	4:45-5:15	Sub 2:30
Silver	5:16-6:30	2:31-3:15
Bronze	6:31+	3:16+

Wishing you a safe and enjoyable race



2021 Race Calendar

What is triathlon?

Triathlon is a multi-discipline event where people compete against the clock and each other. Swimming, cycling and running with no break except for the transition (this is a quick pit stop to change for the next discipline). All disciplines will take place within the grounds of the hall with a mixture of grass and tarmac surface

Locko Park Triathlon – 25th July 2021

Locko Park is a privately owned 18th-century country house in between the villages of Stanley and Ockbrook, near Spondon, Derbyshire located 6 miles to the North East of Derby. Locko Hall (Grade II listed building) is set within the 300 acre estate with the driveway curving around the 16 acre lake 6 feet deep

Date

Sunday 25th July 2021

Distances

750M Open water swim/21K Bike/5K Run

Ashbourne Triathlon & Junior Aquathlon – 22nd August 2021

Based at Ashbourne Leisure Centre this is an incredibly scenic Triathlon taking place in the beauty of the Peak District for the cycle leg and the picturesque Tissington trail for the run making the event extremely spectator friendly.

Date

New Date (due to COVID-19) – 22nd August 2021

Distances

- Swim 400m (16 lengths)
- Cycle 17km
- Run 5km

Derby Triathlon – 19th September 2021

DERBY TRIATHLON is aimed at all levels of fitness and ability, whether it's your first triathlon or you are the next Olympic hopeful. Last year we had an increase in first time competitors, with 55% of the field being new to the great fun sport of triathlon.

You can enter as an individual and complete all three disciplines on your own, the relay event with friends or colleagues and enjoy the race as a team or the corporate event where each team member completes the full triathlon.

When?

Sunday 19th September 2021

Distances

- Swim 400m (16 lengths)
- Cycle 18km
- Run 5k

You can enter all of our events at:

<https://pma-racing.co.uk/enter-events/>

